

Holloway Family Dentistry

Post-Op Instructions

Fillings

1- Do not eat on your new filling for one hour and until your numbness is gone.

2- If you are supervising children who had fillings done, make sure they don't bite on their numb lips or tongue (it can cause serious injury to their soft tissue).

3- Do not bite hard or chew on silver amalgam fillings for 24 hours.

4- You may experience cold and heat sensitivity and some gum soreness; this usually subsides within a few days.

5- Call our office if you experience pain or discomfort for more than a few days after the fillings, or if you have any questions.

More questions? Call us at 706.782.3042